

# SENIOR SCROLL

Volume 6, Issue 1

Senior Resource Services

March 2013

## Valentine's Event a Big Hit Again!

For the second year, Senior Resource Services welcomed guests and sponsors to our Valentine's Day Special event, this year entitled, "Love is in the Air". Hosted at Aims Corporate Event Center on February 14th at 5:30pm, not even the snowy weather kept our attendees away. Thanks to some board members and a generous community, guests enjoyed a fabulous silent auction with items ranging from a flat screen television, to jewelry, spa items, weekend getaways and gourmet food packages. A delicious dinner was served followed by decadent dessert truffles and the smooth sounds of a Frank Sinatra performer. Many guests danced the night away after listening to a presentation by our Executive Director DeeAnn Groves and board president, Roseann Guyette. We had many wonderful sponsors for our event and are grateful for their contribution to our organization and support of our seniors. Odell Brewing Company donated some great brews for the event and volunteers from Alpha Phi at UNC joined us to help with guest check in and silent auction check out. Senior Resource Services extends a thank you to every individual, business and community member who joined us for this year's event.



Aims Community College was a great part of making this event happen. They generously partnered with us and allowed for the use of their event facility. We are so grateful for their donation and support of SRS.

## Upcoming Events

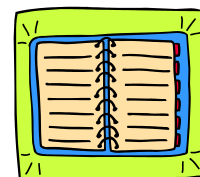
**April 18th**—Open House/Volunteer Appreciation Luncheon

**May 27th**—SRS Closed for Memorial Day/ no transportation

**June 8th**—Cycle for Seniors @ Poudre Learning Center



**Yellow Pages Have Arrived** - Our newest edition of the senior yellow pages has arrived. These are hot off the press and we invite our volunteers to stop by the office and pick up some to give to the seniors. This resource book was made possible by Wells Fargo.



## Open House & Volunteer Appreciation

As most of you know, our office has moved to a great new space downtown in the Jerome Building. We would like to invite our clients, the community and especially our volunteers to join us for a light luncheon on April 18th, 2013 from 11am-1pm. We will give tours of our office space and you can enjoy food, fun and friendship. There will be drawings and giveaways for volunteers as it is National Volunteer Appreciation Week. Please join us at 800 8th Ave. Ste. #145 (the northwest corner of the building). There is street parking available as well as parking in the lot to the south of the building. Please RSVP to the office at 970.352.9348 to let us know you will be coming.

## SENIOR RESOURCE SERVICES

800 8th Ave Ste. #145  
Greeley, CO 80631  
970.352.9348  
Fax: 970.352.5437



*Helping Hands for Seniors*

‘Assisting the Elderly  
and their Families in  
Addressing the Issues of  
Aging.’

### Board of Directors

David Delgado

Beth Gibbs

Bill Edwards

Roseann Guyette

Cathy Randel

M. Karren Roth

Liz Sage

Judi Tergeson

Richard Wood

## A Matter of Balance

Do you have concerns about falling?  
Does it limit or restrict the activities that  
you do out of fear of falling? Weld Aging  
Well is holding an 8 week workshop  
beginning April 4th– May 23rd from 9am  
-11am once per week. It is free for  
seniors over 60 but registration is  
required. This workshop will help you  
learn to set goals for increasing activity,  
view falls as controllable, exercise to  
increase strength and balance and help  
you learn to get up properly after a fall.  
For more information or to register  
please call Holly Darby at 970.356.6950  
ext. 6117

## New Staff



Senior Resource Services  
is pleased to welcome a  
new member to the SRS  
office, Jennifer Hoffman.  
She joins us as an office  
assistant and will help  
with scheduling client  
rides, general office duties and the Soup in a  
Sack Program among other things. Jennifer has  
worked in the senior care industry for more than  
10 years and came to us in late January. She  
loves the outdoors and fishing. She lives with  
her husband and two rescue horses on a small  
farm outside of La Salle. Jennifer grew up in  
Nebraska and has one daughter who she enjoys  
visiting in Virginia.

## Cycle for Seniors Back this Year

This year, Senior Resource Services is excited to announce that we will again be having our ‘Cycle for Seniors’ event. On Saturday June 8th, we invite the community to join us as we bike-blade-walk-run–stroll along the Poudre River Trail. There will be routes for seniors, children, individuals and families and the event gets kicked off at the Poudre Learning Center on 81st avenue. There will be one route for fun and another route for a more ‘serious’ ride! After the event, participants will enjoy activities, music, food and browsing educational and sponsor booths. Please consider joining us as we have a fun filled day outside in the beautiful Colorado weather. Mark your calendar!



## Vote for Our Very Own

Our very own volunteer, Beth Gibbs has been nominated for ‘Salute to Senior Service’: a senior volunteer award contest put on annually by Home Instead Senior Care. We are excited to acknowledge Beth’s dedication to community services and especially to our organization. Beth has been a volunteer for many years, now serves on the Board of Directors and has recently begun helping with special events in addition to giving her time in the office. The national winner will be awarded 5,000 dollars to donate to a non-profit charity and state winners will receive a 500 dollar donation to a non-profit charity of choice. Because winners are determined by your votes, we are asking you to go vote for Beth! Go online to [www.salutetoseniorservice.com/volunteer-contest](http://www.salutetoseniorservice.com/volunteer-contest) and vote every day beginning April 15th-30th, 2013. Thank you to Beth and all of our incredible volunteers here at Senior Resource Services. Please join us in voting for her daily!



## Volunteer Spotlight



If you are a volunteer and you mail, hand deliver or complete your volunteer activity log on line at [www.seniorresourceservices.info](http://www.seniorresourceservices.info) under the volunteer tab by the 7<sup>th</sup> of each month, then we enter your name into a drawing. The monthly winners are listed below:

**Christy Shmuhl**—She was our December winner and selected a gift card to the Egg & I. Christy is a new volunteer!

**Bobbie Reinke**—Bobbie was our January Winner and chose a Walmart gift card. Bobbie is also a new volunteer.

**Dwane Raile**—received a gift card for recruiting a new volunteer! Remember that all volunteers who recruit a new volunteer are eligible to receive one as well!

As always Senior Resource Services thanks all of our volunteers who assist the elderly. We also want to thank the many generous businesses in the community who have donated these gift cards to recognize these compassionate volunteers.

With your help Senior Resource Services is now helping 406 seniors.

*“Do not regret growing older, it is a privilege denied to many” - unknown*

## Letter from the Executive Director

Looking out my new office window, I see snow and more snow. The farmers are very happy and that makes us happy, right! Something else that is making me happy is the growth of our organization, Senior Resource Services. We have added new staff, moved to a larger office downtown and looking forward to our next fundraiser, Cycle for Seniors. We did this event 3 years ago and it was a great event enjoyed by many that is why we decided to offer it again. If you like to walk, run or bike, please join us on Sat. June 8, 2013 at the Poudre Learning Center located on the Poudre River Trail. If you have friends or family that enjoys this activity, we would love to have them.

Presently we are evaluating the need for our services in Carbon Valley and other areas in South Weld. After a survey of some seniors residing in these areas, we were told “Yes, we need your services.” We may be adding another staff person to assist us in establishing a satellite office down south. We will keep you informed if and when this happens. Being older and experiencing those wonderful changes that come with aging has enlighten me to what some of our clients are experiencing and what courage and determination they have. My praise goes out to them and our many clients.

Enjoy the snow and get ready for spring time in the Rockies.

DeeAnn Groves,  
Executive Director

## Community Events

### Adamson Grief Seminars

the first Tuesday of every month

6:30pm-8:30pm @

2000 47th Ave.

### Open Lab @ NCMC

2nd Wed. and 4th Wed of each

month from 7am-8:45am for

low cost blood screenings and

some immunizations.

### Aspen Club Opportunities

UCH (PVHS Senior Services)

Aspen Club is in Greeley and offers countless social, travel and health opportunities for seniors.

Consider joining and call

Charlotte Jimenez at 313.2796

for health talks and screenings, day trips, social activities and

more!

## Thank You to Our Sponsors

At our 'Love is in the Air' Event on February 14th, we were thrilled to have the support of these 'lovely' businesses. Please show your support for them, as they support Senior Resource Services



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